



TRAINING AND COMPETITION SCHEDULE

As of FRI 13 JAN 2012

Date	Start Time	Estimated Finish Time	Event
THU 12 JAN	10:00	12:00	Official Training
	14:45	16:45	Official Training
FRI 13 JAN	10:00	12:00	SS Training session
SAT 14 JAN	09:00	10:00	Warm-up
	10:30	10:51	Ladies' 500m Race 1 of 2
	11:06	11:27	Men's 500m Race 1 of 2
	12:00	12:21	Ladies' 500m Race 2 of 2
	12:36	12:57	Men's 500m Race 2 of 2
	16:00	17:30	Official Training
SUN 15 JAN	10:00	11:30	Official Training
	16:00	17:30	Official Training
MON 16 JAN	08:30	10:00	Warm-up
	10:30	11:01	Ladies' 1500m
	11:31	12:02	Men's 1500m
	16:00	17:30	Official Training
TUE 17 JAN	10:00	12:00	SS Training session
	16:00	17:30	Official Training
WED 18 JAN	09:00	10:30	Warm-up
	11:00	11:49	Ladies' 3000m
	12:19	13:08	Men's 3000m
	16:00	17:30	Official Training
THU 19 JAN	10:00	12:00	SS Training session
	16:00	17:30	Official Training
FRI 20 JAN	09:30	10:20	Warm-Up
	11:00	11:08	Ladies' Mass Start
	11:23	11:33	Men's Mass Start

NOTES

Schedule is subject to change.